

Advanced Illness Management Palliative Care (AIM)



When is Advanced Illness Management Palliative Care right for you or a loved one?

The VNA Advanced Illness Management Palliative Care (AIM) program focuses on providing care to patients who have difficulty leaving their home due to moderate to severe chronic illness and helps prevent continuous hospital readmissions and emergency room visits. The goal is to relieve physical, emotional, social or spiritual suffering in order to enhance the quality of life.

Our AIM team includes a physician, nurse practitioner, social worker and spiritual counselor who are ready to step in to assist you or your loved one in getting through and planning ahead for this troubling part of life.

The goal of AIM's Palliative Care program is to ease some of the burden of serious illness by giving outstanding care to patients and families through control of symptoms in the home, where "home" is defined as where a person lives. Our service prepares patients and caregivers for transitions related to moderate to severe chronic illness whether the outcome is a return to fully independent living or preparation for a transition to end-of-life care.

Patients may continue curative treatments while receiving palliative care. The program is an added layer of care for patients diagnosed with moderate to severe chronic illness(es). AIM's co-management team works together with the patient's Primary Care Provider (PCP). The PCP remains at the center of care in directing the medical care and will be kept informed of a patient's ongoing condition.

When is Advanced Illness Management right for you or a loved one? These questions will help you decide:

- 1 Do health problems limit the ability to leave the home?
- 2 Are you or someone else in your life suffering from serious progressive illness(es) such as lung or heart problems, dementia or cancer?
- 3 Have you or a family member been to an emergency room or hospital recently due to illness(es)?
- 4 Are you or your loved one 65 or over or a disabled adult that has traditional Medicare, a Medicare Advantage Plan or other commercial insurance?

Contact Amy Michaelson, Palliative Care Administrator
Visiting Nurse Association of Greater St. Louis
314.918.7171 ext. 1252 or by email at
amichaelson@vnastl.org to schedule a free no
obligation consultation or to answer your questions.
www.vnastl.org

VNA | Visiting Nurse Association
**Advanced Illness
Management**