



## Visiting Nurse Association's Advanced Illness Management Program

*is here to help...*





**Who can you call on when you or your loved one is suffering from serious chronic illness and has trouble getting out of the home?**

**VNA: Your Community Health Care EXPERTS...**





### **Why did VNA start a HOME-BASED Advanced Illness Management (AIM) Program?**

Because we saw the need to offer patients in our community a **HOME-BASED** option to help manage serious ongoing illness such as advanced heart or lung disease, dementia, cancer, etc.


### **What is the vision of the VNA AIM Program?**

-  To increase the patient's comfort and care wherever the patient lives.
-  To improve the quality of life for the patient and caregivers and bring hope for engaging in life to its fullest.
-  To closely monitor patients and manage symptoms to minimize episodes of crisis and distress.
-  To reduce troublesome hospital admissions and emergency room visits.

### **What services does the VNA AIM Program offer to patients?**

-  Regularly scheduled visits by our AIM team with specialized training in evaluating and managing chronic serious illness. Our AIM team includes physicians, nurse practitioners, social workers, spiritual counselors and volunteers.
-  Individualized protocols and treatment pathways designed for patient-centered care.
-  Both face-to-face communication and written materials to help educate both the patient and caregivers about the illnesses and to help enhance the sense of self-empowerment and well-being.
-  Ongoing communication with the patient's primary care physician during our AIM team's care.

### **Who pays for the Program?**

-  AIM payment is through Traditional Medicare Part B and Commercial and Medicare Advantage Plans through Aetna, Anthem/BCBS, Cigna, Essence, Humana, and United Healthcare/AARP.

For more information, contact Amy Michaelson, at 314-918-7171, ext. 1252 or [amichaelson@vnastl.org](mailto:amichaelson@vnastl.org).

2029 Woodland Parkway ▪ Suite 105 ▪ Maryland Heights, MO 63146  
314.918.7171 ▪ Fax: 314-925-7720

[www.vnastl.org](http://www.vnastl.org)

